

## Give Yourself a PVI

1. Learn note patterns  
Nonsense syllables first, then words
2. Breathing space  
The quality of the sound you make will never be any better than the space you breathed through before you sing it.
  - a. Height
  - b. Width
  - c. Depth
3. Chair as a prop/tool  
Music on the seat  
Knees bent  
Elbows on the back  
Let the head go – relax the neck muscles
4. Tape recorder  
What's it good for?  
What won't it tell you?
5. Friendly sounds/tricks of the trade  
EE  
OH  
OOOH  
Preh/Prih  
M, B, P, lip consonants  
K, C, G, NG, soft palate consonants
6. Kinesthetics  
The large muscle usually wins